



Go Active Covid 19 - Holiday club guidance for parents and carers

Please do not send your child into the setting if:

- they have one or more COVID-19 symptoms
- a member of their household (including someone in their support bubble or childcare bubble, if they have one) has COVID-19 symptoms or had a positive test
- they are legally required to quarantine, having recently visited countries outside the common travel area
- they have had a positive test

Please contact a member of the Go Active team if your child is unable to attend.

The following guidance has been based on the Government document:

<https://www.gov.uk/government/publications/protective-measures-for-holiday-or-after-school-clubs-and-other-out-of-school-settings-for-children-during-the-coronavirus-covid-19-outbreak/protective-measures-for-holiday-and-after-school-clubs-and-other-out-of-school-settings-during-the-coronavirus-covid-19-outbreak>

Organisation

- From 17 May, in line with the commencement of Step 3 of the roadmap, where holiday clubs for children are taking place indoors, they will be able to take place in groups of any number.
- Go Active will continue to minimise mixing between children, by keeping children in separate consistent groups, where possible.
- Go Active will keep a written or electronic list of the children in each group for at least 21 days for Test and Trace purposes.

Drop off and collection

- Face coverings should be worn by adults, including staff, at drop off and collection
- Go Active ask that drop off and pick up is limited to one parent or carer per family
- If parents and carers have to wait, please ensure that social distancing is adhered to
- Go Active ask parents to not gather at entrance gates or doors
- Children will be asked to use anti bacterial gel on their hands on entry to the setting (provided by Go Active)
- Children and Go Active staff will be asked to wear newly washed clothing each day
- Children to bring essential items only into setting

PPE and face coverings

Public Health England does not (based on current evidence) recommend the use of face coverings when children are participating in out-of-school settings activities.

PPE will be worn by Go Active staff if a distance of 2 metres cannot be maintained from any child displaying coronavirus (COVID-19) symptoms

Equipment

Equipment will be cleaned frequently and meticulously and always between groups, or rotated to allow them to be left unused and out of reach for a period of 48 hours (72 hours for plastics) between use by different groups.

Go Active ask that the children limit the amount of equipment that they bring into the setting to essentials. Bags are allowed.

Toilets

Go Active will limit the number of children using the toilet at any one time. Importantly, Go Active will promote good hand hygiene and encourage all children to wash their hands thoroughly, with soap and running water for 20 seconds, after using toilet facilities.

Toilets will be cleaned thoroughly using standard products such as detergent and bleach. The frequency of cleaning required will depend on usage.

Effective infection protection and control

Go Active will ensure that effective infection protection and control measures are in place to reduce the risk of transmission, these are split into prevention and response and are outlined below:

Prevention

- minimising contact with individuals who are unwell by ensuring that those who have coronavirus (COVID-19) symptoms, or who have someone in their household who does or have been advised by NHS Test and Trace to self-isolate, do not attend a Go Active setting
- children and staff advised to clean hands more often than usual - wash hands thoroughly for 20 seconds with running water and soap and dry them thoroughly or use alcohol hand rub or sanitiser ensuring that all parts of the hands are covered. Hand sanitiser will be available to staff and children throughout the day
- ensuring good respiratory hygiene by promoting the 'catch it, bin it, kill it' approach
- Go Active staff to clean frequently touched surfaces more often than usual using standard products, such as detergents and bleach

Response

- engage with the NHS Test and Trace process
- manage confirmed cases of coronavirus (COVID-19) following Government guidelines

- contain any outbreak by following local health protection team advice

Test and Trace

It is vital that Go Active play their part in managing the risk of the virus by:

- making our settings as safe as possible for staff, children and parents
- promoting the need to get tested if anyone is symptomatic
- requesting that Go Active staff self-isolate if they have been asked to do so
- keeping records of which children and staff are in which groups and saving this information securely for at least 21 days (for Test and Trace purposes)

More information on Test and Trace can be found at www.gov.uk/guidance/nhs-test-and-trace-how-it-works

Suspected cases

If anyone in a Go Active setting becomes unwell with a new, continuous cough or a high temperature, or has a loss of, or change in, their normal sense of taste or smell (anosmia), they will be sent home and advised to follow the [COVID-19: guidance for households with possible coronavirus \(COVID-19\) infection guidance](#).

The child or staff member with symptoms should arrange to have a test to see if they have coronavirus (COVID-19).

Where the child or staff member tests negative, they can return to the setting. If they remain unwell, they should not return to that setting until they are recovered.

Where a child or staff member tests positive, NHS Test and Trace will speak directly to those they have been in contact with to offer advice. This advice may be that the rest of their class or group within the setting should be advised to self-isolate.