



Go Active Covid 19 - October Holiday club guidance for parents and carers

Please do not send your child into the setting if they are displaying any symptoms of coronavirus (COVID-19) including new, continuous cough or a high temperature, or has a loss of, or change in, their normal sense of taste or smell (anosmia). Please contact a member of the Go Active team if your child is unable to attend.

The following guidance has been based on the Government document:

<https://www.gov.uk/government/publications/protective-measures-for-holiday-or-after-school-clubs-and-other-out-of-school-settings-for-children-during-the-coronavirus-covid-19-outbreak/protective-measures-for-out-of-school-settings-during-the-coronavirus-covid-19-outbreak>

Organisation

To reduce the risk of transmission, Go Active will minimise the number of different people each child comes into contact with. We will do this by:

- maintaining small groups of no more than 15 children, with the same children each time wherever possible and at least one staff member
- children will be assigned to a particular group and will then stay in those consistent groups for future sessions
- As far as it is possible, Go Active will also ensure that where they have multiple groups of children in the setting, that these groups are not mixing within the setting itself.
- Go Active will keep a written or electronic list of the children in each group for at least 21 days for Test and Trace purposes.
- Multiple groups of 15 plus staff can use the same shared space, if that is necessary, with distancing between the groups.

Drop off and collection

- Go Active ask that drop off and pick up is limited to one parent or carer per family
- Separate drop off and collection points will be used, where possible, for each group.
- If parents and carers have to wait, please ensure that social distancing is adhered to
- Go Active ask parents to not gather at entrance gates or doors
- Children will be asked to use anti bacterial gel on their hands on entry to the setting (provided by Go Active)
- Children and Go Active staff will be asked to wear newly washed clothing each day

Further details for site specific drop off and collection will be emailed to all parents before the commencement of the club.

PPE and face coverings

Public Health England does not (based on current evidence) recommend the use of face coverings when children are participating in out-of-school settings activities. They are not required during out-of-school provision as children and staff are mixing in consistent groups, and because misuse may inadvertently increase the risk of transmission.

PPE will be worn by Go Active staff if a distance of 2 metres cannot be maintained from any child displaying coronavirus (COVID-19) symptoms

Equipment

Equipment that is shared between groups or bubbles, will be cleaned frequently and meticulously and always between groups, or rotated to allow them to be left unused and out of reach for a period of 48 hours (72 hours for plastics) between use by different groups.

Go Active ask that the children limit the amount of equipment that they bring into the setting to essentials. Bags are allowed.

Toilets

Different groups being allocated their own toilet blocks will be considered but it is not a requirement if the site does not allow for it. However, Go Active will limit the number of children using the toilet at any one time. Importantly, Go Active will promote good hand hygiene and encourage all children to wash their hands thoroughly, with soap and running water for 20 seconds, after using toilet facilities.

Toilets will be cleaned thoroughly using standard products such as detergent and bleach. The frequency of cleaning required will depend on usage but in most cases, cleaning of toilet facilities will take place at least twice a day.

Effective infection protection and control

Go Active will ensure that effective infection protection and control measures are in place to reduce the risk of transmission, these are split into prevention and response and are outlined below:

Prevention

- minimising contact with individuals who are unwell by ensuring that those who have coronavirus (COVID-19) symptoms, or who have someone in their household who does or have been advised by NHS Test and Trace to self-isolate, do not attend a Go Active setting
- children and staff advised to clean hands more often than usual - wash hands thoroughly for 20 seconds with running water and soap and dry them thoroughly or use alcohol hand rub or sanitiser ensuring that all parts of the hands are covered. Hand sanitiser will be available to staff and children throughout the day
- ensuring good respiratory hygiene by promoting the 'catch it, bin it, kill it' approach
- Go Active staff to clean frequently touched surfaces more often than usual using standard products, such as detergents and bleach

Response

- engage with the NHS Test and Trace process
- manage confirmed cases of coronavirus (COVID-19) following Government guidelines
- contain any outbreak by following local health protection team advice

Test and Trace

It is vital that Go Active play their part in managing the risk of the virus by:

- making our settings as safe as possible for staff, children and parents
- promoting the need to get tested if anyone is symptomatic
- requesting that Go Active staff self-isolate if they have been asked to do so
- keeping records of which children and staff are in which groups and saving this information securely for at least 21 days (for Test and Trace purposes)

More information on Test and Trace can be found at www.gov.uk/guidance/nhs-test-and-trace-how-it-works

Suspected cases

If anyone in a Go Active setting becomes unwell with a new, continuous cough or a high temperature, or has a loss of, or change in, their normal sense of taste or smell (anosmia), they will be sent home and advised to follow the [COVID-19: guidance for households with possible coronavirus \(COVID-19\) infection guidance](#).

The child or staff member with symptoms should arrange to have a test to see if they have coronavirus (COVID-19).

Where the child or staff member tests negative, they can return to the setting. If they remain unwell, they should not return to that setting until they are recovered.

Where a child or staff member tests positive, NHS Test and Trace will speak directly to those they have been in contact with to offer advice. This advice may be that the rest of their class or group within the setting should be advised to self-isolate.